

# Monopod Operating Instructions

## Monopod Features

- (1) Wrist Strap
- (2) Camera Screw
- (3) Foam Hand Grip
- (4) Leg Locking Lever
- (5) Rubber Foot Pad
- (6) Ground Spike



\*Features vary by model

## Extending the Monopod

To extend the leg sections, release the tab on the leg locking lever (4), and slide the leg to a desired length. Push the tab on the leg locking lever (4) back down, securing the leg section in place. Repeat this process for the remaining leg sections to achieve your desired height, assuring that all leg locking levers (4) have been properly locked.

## Attaching Camera to Monopod

Place the camera screw (2) into the screw mount opening on the bottom of the camera. Turn the monopod in a clockwise direction until the camera is snug to the top of the monopod. Do not over tighten. Over tightening may damage the threads in the screw mount opening on the camera.

## Outdoor Spike with Rubber Foot

When using the monopod indoors, be sure the rubber foot pad (5) is in the down position by turning the rubber foot pad (5) in a counter clockwise direction. If the ground spike (6) is desired for use outdoors, particularly while in soil or grass, turn the rubber foot pad in a clockwise direction, exposing the metal ground spike (6).

**Caution:** When using the monopod on concrete or rocky surfaces, we do not recommend using the product with the ground spike exposed, as it is more likely to slip.

## V-Mount and Monopod Cap

Place the camera screw (2) into the screw mount opening on the bottom of the V-Mount / Monopod Cap. Turn the monopod in a clockwise direction until the V-Mount / Monopod Cap is snug to the top of the monopod.